

One Stop for Natural Health Care • Chiropractic • Therapeutic Massage • Low Level Laser



The Experts® on Chiropractic Care:



Dr. Rick Powers



Dr. Wallace Jans



Dr. Crystal Taylor



Dr. April Ruzycki



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Ask The  
**Experts**®   
on Chiropractic Care

Dr. April Ruzycki

## Powers & Jans History... Then and Now

The Powers & Jans Clinic opened its doors in November 1990 on Factory Street, when Dr. Rick Powers and Dr. Wallace Jans amalgamated creating a united clinic. Their techniques were similar and they were driven by the desire to serve more individuals in the Medicine Hat area.

Dr. Rick Powers, originally from Iowa, began practice August 4th, 1970...that's right 44 years ago! He opened his Medicine Hat practice in 1979. Dr. Powers follows the Activator Methods technique while utilizing the Impulse IQ adjusting instrument, adding a unique dynamic to our clinic.

Dr. Wallace Jans, a Maple Creek native, has been in practice 29 years and counting! He opened his first clinic doors July 1st, 1985. Dr. Jans strongly promotes the chiropractic lifestyle by encouraging and guiding his patients to embrace health through dealing with stress, exercising regularly, getting proper sleep, consuming nutritious foods and supplementing accordingly.

In January of 2002 the duo became a trio as Dr. Crystal Taylor, a local Medicine Hatter, joined the practice. Dr. Taylor has a broad knowledge base centred around nutrition; she is a wealth of knowledge on combining supplementation with foods to assist the body to function at its optimal potential.

With three chiropractors and a desire to expand, Powers & Jans built their new clinic on 737 6th Street SE. They officially moved to the new building May 2007; the new clinic now had space for three massage therapists, laser therapy and an additional chiropractor. We now are known as "the big white house on 6th street".

February 14th 2008, I, April Ruzycki, joined the practice; the wealth of knowledge and experience that I walked into was invaluable...68 years total! I have grown much as a chiropractor in the clinic, carving out a niche in the practice; my passion has focused on pediatrics and our pregnant population.

Our clinic is designed so that patients are able to receive care from all four chiropractors, as we all utilize the Activator Methods technique. This ensures patient care, even if one of the doctors is not in the office the day a patient hurts themselves, and it allows patients to work around their own schedules rather than our schedule. We are proud to offer a combined total of 92 years of experience to our patients!

Our mission is to provide the highest quality chiropractic care and education to as many families as possible in the Medicine Hat area to allow them to express and

maintain their optimal health potential, naturally without drugs or surgery. We do this by delivering outstanding adjustments and health advice while helping people to understand that the spine is the key to health and that health comes from within.

The Powers & Jans Clinic is history in the making...



The Big White House on 6th St. just off Kingsway 737 - 6th Street SE

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[www.powers-jans.com](http://www.powers-jans.com)