

One Stop for Natural Health Care • Chiropractic • Therapeutic Massage • Low Level Laser



The Experts® on Chiropractic Care:



Dr. Rick Powers



Dr. Wallace Jans



Dr. Crystal Taylor



Dr. April Ruzycki

Ask The  
**Experts**®

on Chiropractic Care



**Dr. Wallace Jans**

### UNEXPECTED RESULTS

Back pain, neck pain and headaches are the most common reasons for people to initially consult our office. Our focus always is to start by alleviating the symptoms that are of greatest concern to the patient. Obviously that usually means relief from the back pain, neck pain or headaches.

The chiropractic emphasis on improving the function of the spinal column is a very effective means to reducing pain in the back, neck, and head. But as we work with patients, they often report that other problems they are experiencing also improve. These are not issues they came to us for and may never have thought chiropractic could help. Some examples that have occurred recently: asthma improved, light headed feelings gone, constipation decreased, plugged ears opened, tingling in the hands reduced, heartburn alleviated, leg cramps decreased, improved blood pressure. In every case the patient came to us for back pain, neck pain or headaches. How is it possible for all these other conditions to have improved?

The answer is simply that when a chiropractor restores normal function of the spinal joints, not only is there reduced pain in the spine, but there is improved function of the spinal nerves. These nerves control how well all the parts of the body work. That means that the heart, lungs, stomach, bowel, blood vessels, muscles, hands, feet, etc. will have improved nerve supply and can be healthier. This is the reason it is so important to have a healthy spine. It is crucial to having a healthy body.

Chiropractic adjustments are very powerful because they improve the function of the nervous system. When the nervous system works well, the body works well. This makes my job as a chiro-

practor very simple. I just need to adjust the spine and remove any vertebral subluxations. The body will then do what it was designed to do. I don't always know how the body is going to respond, but I do know that with improved nerve function it will be healthier. I don't set out to treat the asthma or constipation or blood pressure. I simply restore normal function to the spine. The healing power of the body does the rest. The results may be unexpected for the patient, but not uncommon when you are a chiropractor. We see the body do wonderful things all the time.

*See what chiropractic can do for you.*

Can  
**CHIROPRACTIC CARE**  
help you?

Call  
**403-529-9069**  
today for a **FREE**  
consultation

[www.powers-jans.com](http://www.powers-jans.com)



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