

Powers & Jans Centre

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Ask The Experts



on
Chiropractic
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Myths about Chiropractors

There are many misconceptions out there about today's chiropractors. Rumors and myths are never a good place to base our expectations. Factual information is better. Here are some myths about chiropractors and the factual flipside!

1. They aren't well trained.

Chiropractors are actually highly trained health care professionals. Before entering Chiropractic College, they must undergo 4 years of undergraduate university studies taking courses such as chemistry, anatomy, physics, and biology, to name a few. After, they spend another 4 years learning their new profession, taking gradu-

ate level courses in anatomy, physiology, neurology, and of course further studies of the human musculoskeletal system. Along with academics, chiropractors put in much time with patents gathering hands-on experience in spinal manipulation techniques and more.

2. Chiropractic is a new fangled-airy fairy discipline. Chiropractic has actually been around since the 1800's! A father-son-team by the last name of Palmer is credited with pioneering this healing methodology.

3. All they do is crack backs. Chiropractors do much more! They do believe that spinal alignment has a great deal to do with a person's health and well-being. A misaligned spine affects nerves and muscles. Conditions such as chronic asthma, earaches, headaches, neck pain, hip pain, colic, digestive ills and more are all affected by spinal misalignments. Not only do DC's focus on realignment, but some also incorporate

massage, laser therapy, nutritional counseling, and more.

4. Insurance companies don't pay their services.

Many insurance carriers now incorporate chiropractic into their scope of covered procedures. Many preventative treatments offered by DC's are extremely effective alternatives to traditional medications. One should check with their health insurance provider to see what types of coverage is available to them for chiropractic.

5. Once you start you have to go for the rest of your life.

Not true. Although many conditions do require a series of adjustments to accomplish the goals, they don't take a lifetime! However, many patients choose to maintain their spinal health and will see a chiropractor for a host of maladies.

Chiropractors are well trained professionals who have gained increased popularity over the years. Come and in and see if chiropractic can help you!

Can Chiropractic Help?

Headaches?

Neck pain?

Back Pain?

Call 403-529-9069
for a FREE Consultation

www.powers-jans.com