One Stop for Natural Health Care • Chiropractic • Therapeutic Massage • Low Level Laser



The Experts® on Chiropractic Care:









Dr. Sheldon Cherniak

Dr. Crystal Taylor

Check our blog



- 6th Street SE Ph: (403) 529-9069



WHAT ARE YOU MISSING?

Most people say that they come to our office because of pain. It can be neck pain, headaches, back pain or pain somewhere else in the body. Chiropractic can be very effective at helping reduce or eliminate pain in many areas of the body. But as we go through our consultation with patients, there is usually factors, in addition to pain, that motivate people to see us. That motivation is most often the activity that the pain is keeping them from doing.

There are certainly some pretty obvious things that pain inhibits a person from doing. It could be sleep, or work, or being able to care for oneself properly. These are really big reasons to try to reduce or eliminate the pain. But there are often other things that can be just as motivating. Take a moment to think of being able to play with the kids or grandkids again, go on that bucket list holiday, play a favourite sport, enjoy intimacy in a relationship, sit through a movie, garden, or a hobby. The list goes on. You get the picture. It's about the things in life that are meaningful to a person that they just can't do anymore. The opportunity to be able to do those things once again is a huge motivation. So what are you missing out on? What would feeling better mean in your life?

Chiropractic care can not only relieve pain, but also improve the function of the whole body. By normalizing the way the spine works, the entire nervous system works better. Consequently, people become healthier with chiropractic care and their lives are better. Activities that were missing in their lives

become possible again. It's the ability to do things again that encourages people to follow through with care and to make the changes that are necessary to prevent re-occurrences. Chiropractic isn't a miracle pill, but we often see almost miraculous changes when the body is given the opportunity to heal. What had seemed overwhelming, again becomes possible.

If you are missing the opportunities to do the things you need or love to do, chiropractic care may be the answer for you. Call our office today for a free consultation and we can review your particular case.



www.powers-jans.com